

KAILASH MANSAROVAR YATRA



Mt. Kailash, 6,714 m. is situated to the north of the Himalayan barrier, wholly within Tibet. It is the perfect mountain with awesome beauty, with 4 great faces. It is the spiritual centre for four great religions: Tibetan Buddhism, Hinduism, the Jain religion and the pre-Buddhist animistic religion - Bonpo. To Tibetans it is known as Khang Rimpoche (Precious Jewel of Snow) and they see it as the novel of the world. It is said that a stream from the mountain pours into a nearby lake and from here rivers flow in the four cardinal directions. The River of the Lion Mouth to the North, the River of the Horse Mouth to the east, the River of the Peacock Mouth to the south and the River of the Elephant Mouth to the West. Strangely enough, four major rivers do indeed originate near Kailash, the Indus, the Yarlung Tsangpo (Brahmaputra), the Karnali and the Sutlej.

Tibetans believe that it is the residence of Demchog, a fierce looking tantric deity who lives there with his consort, Dorje Phagmo. For the Tibetans also, it is a particularly special place in that their poet saint Milarepa, spent several years here meditating in a cave. For the Hindus Mount Kailash is the earthly manifestation of Mt. Meru, their spiritual centre of the universe, described as a fantastic 'world pillar' 84,000 miles high, around which all else revolves, its roots in the lowest hell and its summit kissing the heavens. On the top lives their most revered God, Shiva, and his consort Parvati.

For the Jains, an Indian religious group, Kailash is the site where their first prophet achieved enlightenment. For the older, more ancient religion of Bon, it is the site where its founder Shanrab is said to have descended from heaven. It was formerly the spiritual centre of Zhang Zung, the ancient Bon Empire that once included all of western Tibet. Bon people walk around the mountain in a counter clockwise manner, unlike the other religions.

Over the centuries pilgrims have constantly journeyed immense distances to achieve enlightenment or cleanse themselves of sin, braving enormous distances, particularly harsh weather and bandit attacks.



Mystical Journeys (India) Pvt. Ltd.

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Day 01 Welcome to Delhi - Kathmandu

Arrival Delhi in early morning & after breakfast transfer to International airport to board the flight for Kathmandu. Arrival in Kathmandu at 14.45 Hrs. Transfer to hotel. In the evening, explore Durbar Square. Overnight at hotel.
 Hotel: Soaltee or similar

Day 02 Explore Kathmandu

After breakfast, full day sightseeing of Kathmandu including sights like Pashupatinath Temple, Bodhnath, Swyambhunath & Krishna Temple at Patan. Overnight at hotel.
 Hotel: Soaltee or similar

Day 03 Kathmandu – Nyalam

After breakfast, leave for Nyalam by surface (3750 mtr / 153 Kms / 6-7 Hrs). Reach Nyalam. Transfer to guest house. Overnight at Local guest house.
 Overnight: Local Guest House

Day 04 Full Day in Nyalam

After breakfast, full day at leisure. Visit Milarepa's Cave. Dinner & overnight at local guest house.
 Hotel: Local Guest House

Day 05 Nyalam – Saga

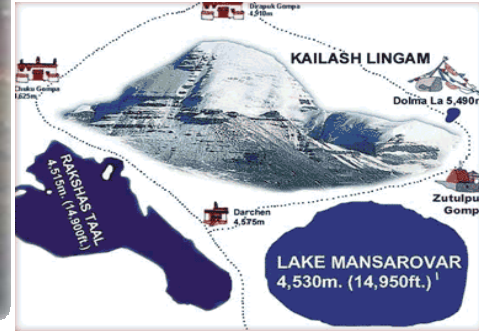
After breakfast, leave for Saga by surface (4600 mtr / 140 Kms / 6-7 Hrs). Reach Saga. Transfer to guest house. Dinner & overnight stay.
 Hotel: Local Guest House

Day 06 Saga – Paryang

After breakfast, leave for Paryang by surface (4750 mtr / 255 Kms / 6-7 Hrs). Reach Paryang. Transfer to guest house. Dinner & overnight stay.
 Hotel: Local Guest House

Day 07 Paryang – Chui Gompa

After breakfast, leave for Chui Gompa (4558 mtr / 277 kms). Reach Chui Gompa. Transfer to guest house. Dinner & overnight stay.
 Hotel: Local Guest House



Day 08 Pooja at Mansarovar

After breakfast, spend the entire day at Mansarovar with memorable morning Bath, Performing Pooja & Meditation, visit Sheralung & Chiu drive to Darchen. Dinner & overnight stay at Darchen.
Hotel: Local Guest House

Day 09 Darchen - Dehrapuk

After breakfast, Drive to Dharboche & then those who wish to go for Parikarma will start trekking in the early morning & reach Dehrapuk (16300ft). Those who are not going for Parikarma will go back to Darchenor or Manasarovar after Pooja. Dinner & overnight stay.
Overnight: Tented Accommodation

Day 10 Dehrapum – Dolmala Pass - Zuthulpuk

After breakfast Parikarma group will further trek to Zuthulphuk (16000ft en-route will cross Dolmala pass (18500ft). Dinner & overnight stay.
Overnight: Tented Accommodation

Day 11 Zuthulpuk – Darchen – Chui Gompa

After breakfast start short trek from Zuthulphuk to Dharchen then drive to Mansarover in Chui Gompa & Join the other group. Dinner & overnight stay.
Overnight: Local Guest House

Day 12 Chui Gompa – Paryang

End of Kailsh trek and drive to Paryang. Transfer to guest house. Dinner & overnight at Local guest house.
Overnight: Local Guest House

Day 13 Paryang – Saga

After breakfast, leave for Saga by surface (4600 mtr / 255 Kms / 6-7 Hrs). Reach Saga. Transfer to guest house. Dinner & overnight stay.
Hotel: Local Guest House

Day 14 Saga – Nyalam

After breakfast, leave for Nyalam by surface (3750 mtr / 140 Kms / 6-7 Hrs). Reach Nyalam. Transfer to guest house. Dinner & Overnight stay.
Hotel: Local Guest House

Day 15 Nyalam – Kathmandu

Drive downhill to Friendship Bridge where Transportation awaits for the final leg of journey to Kathmandu. Reach Kathmandu and transfer to hotel. Dinner & overnight at hotel.
Hotel: Soaltee or similar

Day 16 Kathmandu – Delhi

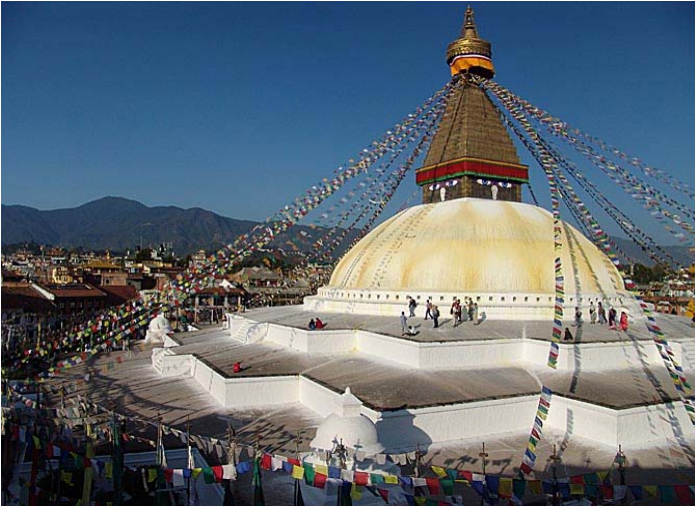
After breakfast, transfer to airport board the flight for Delhi, 9W # 261 at 15.45 Hrs. Arrive Delhi at 17.15 Hrs. and tour terminates.

Day 17 Departure

Early morning transfer to International airport to board the international flight.









The cost includes:

- Transportation Kathmandu/ Tibet Border/ Kathmandu by non air-conditioned vehicle.
- Accommodation in twin sharing basis at Guest Houses & Camping Tentes as per itinerary.
- 4500 cc Model Luxury Japanese Landcruisers (4 Person in 1 Landcruiser Basis) and support Truck
- Freshly cooked full board meals (Indian or western meals)
- Three half day city sight-seeing tours of (a) Kathmandu City + Swayambhunath (b) Pashupatinath + Bodhnath (c) Patan City. All applicable entrance fees with English speaking guide in Kathmandu.
- Dining/Kitchen & Toilet tents
- English Speaking Tibetan Guide
- 01 Nepali Team Leader
- Experienced Sherpa Staff
- Yak & Yak-men for Porterage during Kailash Parikarma
- Gamow Bag, Oxygen, Basic first aid kit & 1 satellite Phone
- Kailash Permit and Normal Tibet/China Visa Fee.
- Each participant shall be provided with a Down Jacket, 1 Duffel Bag and a Walking Stick. These items will be provided free of cost during the tour and is to be returned to us after the completion of the Trip.
- Nepal – China pick up and drop transport by private bus.
- Supporting truck for luggage, fuels and a Tibetan guide.
- Sleeping bag and mattress during tour.
- Services of English Speaking Escort for entire trip.
- Government Service Tax.

The cost does not include:

- Additional Meals while in Kathmandu
- International airport tax.
- **Tibet Visa Fees**
- Rescue Evacuation in case of emergency
- Travel & Medical Insurance
- Visa Emergency Charge as per China Visa Regulation
- Expenses of personal nature
- Any Laundry Services
- Nepal Re-entry Visa fee (not applicable for Indian passport holders)
- Extra cost in the event of landslide for hiring porterage or additional transportation
- Land tax at Kodari Border and Phone charges made through satellite phones
- Any beverages (hard & soft)/Table Drinks, items of personal nature such as laundry, telephone calls, travel or any kind of insurance etc.
- Tips and gratitude to drivers, bellboys, representatives, guides and escorts.
- Any video or camera fees at monuments.
- Horse & Yak for personal use during Parikarma.
- Any loss resulting from unforeseen circumstances such as flight delays, road blockage etc.
- Charity & Donations at Temples or Ashrams.



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